

# The 60 Second Shrink 101 Strategies For Staying Sane In A Crazy World

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the meaning of shrink is to contract or curl up the body or part of it huddle cower

shrink definition 1 to become smaller or to make something smaller 2 to move away from someone or something learn more

1 to contract or lessen in size cloth that shrinks if washed 2 to become reduced in extent compass or value 3 to draw back recoil to shrink from danger 4 to cause to shrink or contract reduce 5

shrink definition to draw back as in retreat or avoidance see examples of shrink used in a sentence

to contract or lessen in size as from exposure to conditions of temperature or moisture this cloth will not shrink if washed in lukewarm water

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to draw back as in retreat or avoidance to shrink from danger to shrink from contact

to contract or lessen in size as from exposure to conditions of temperature or moisture this cloth will not shrink if

feb 2 2026 verb shrink third person singular simple present shrinks present participle shrinking simple past shrank or nonstandard shrunk past participle shrunk or shrunken transitive to cause

shrink meaning 1 to become smaller in amount size or value 2 to make something smaller in amount size or value

some common synonyms of shrink are compress condense constrict contract and deflate while all these words mean to decrease in bulk or volume shrink implies a contracting or a loss of

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